

BSPH with Concentration in Medicine Sciences
PRE-OPTOMETRY Track
Sample Two-Year Plan

FALL	WINTER	SPRING
Year 1		
PH 40 LD PH __ LD PH __ (Trending Topics) _____	PH 45 PH 101 or 102 PH 110 _____	PH 101 or 102 PH 120 or 130 PH UDE _____
Year 2		
PH 120 or 130 PH UDE Concentration UDE (^pre-opt course?) _____	PH 193 USP 143 Concentration UDE (^pre-opt course?) _____	PH 194 Concentration UDE (^pre-opt course?) _____ _____

*Plan assumes student has completed the following lower-division (LD) requirements prior to transferring:
 BILD 1, BILD 2, BILD 3, CHEM 6ABC, CHEM 7L, CHEM 40AB/41ABC, CHEM 43A, MATH 10AB/20AB, statistics course
 from approved list

*Many Concentration UDEs have additional Biology and/or Chemistry Sciences prerequisites that must be completed
 prior to enrollment. Students should plan out Concentration courses early to avoid time-to-degree delays.

NOTE:

- LD PH __ (Trending Topics): Lower-division public health trending topics (PH 70-85)
- LD PH __: Lower-division public health elective (PH 50-95, 98, 99)
- PH UDE: Upper-division public health elective (PH 140-191, 195, 198, 199)
- Concentration UDE: Upper-division concentration public health elective (accepted courses listed on our website)

MINIMUM REQUIRED COURSES TO COMPLETE PRIOR TO TRANSFERRING:

<https://ph.ucsd.edu/undergrad/new-prospective-students/transfer-major-preparation.html>

CA Community College transfer students should also use assist.org

^HIGHLY RECOMMENDED COURSEWORK (depending on program - not all programs require courses listed below):

- LD: PSYC 1, BILD 22, CHEM 40AB/41ABC, CHEM 43A, PHYS 1A+1A, PHYS 1B+BL, PHYS 1C+CL
- Anatomy w/ lab, Microbiology w/ lab - Take at CC or through UC San Diego Extended Studies
- Medical Terminology, Medical Spanish - Take at CC or through UC San Diego Extended Studies
- UD: BICD 100, BIPN 100, BIPN 105, BIMM 100, BIMM 120 - All listed courses satisfy Concentration UDE
- BIMM 121

GENERAL CAREER & GRADUATE SCHOOL ADVISING:

<https://career.ucsd.edu/advising/>

PRE-HEALTH (INCLUDING PUBLIC HEALTH) CAREER & GRADUATE SCHOOL ADVISING:

<https://healthbeat.ucsd.edu>

PLANNING YOUR FUTURE IN PUBLIC HEALTH:

<https://ph.ucsd.edu/undergrad/planning-your-future/index.html>